

Christmas Penny Mat

Size: 8 1/2" x 8 1/2"



Supplies:

- 10" piece of black wool
- 10" piece of red wool for backing and center pinwheel
- 5" piece of cream wool for center pinwheel
- 4" x 7" piece of green wool for holly leaves (or scraps)
- 3" x 5" piece of purple wool
- Freezer Paper
- Embroidery floss or pearle cotton #8 for hand stitching
- Pins or fabric glue such as Roxanne's Glue Baste-It

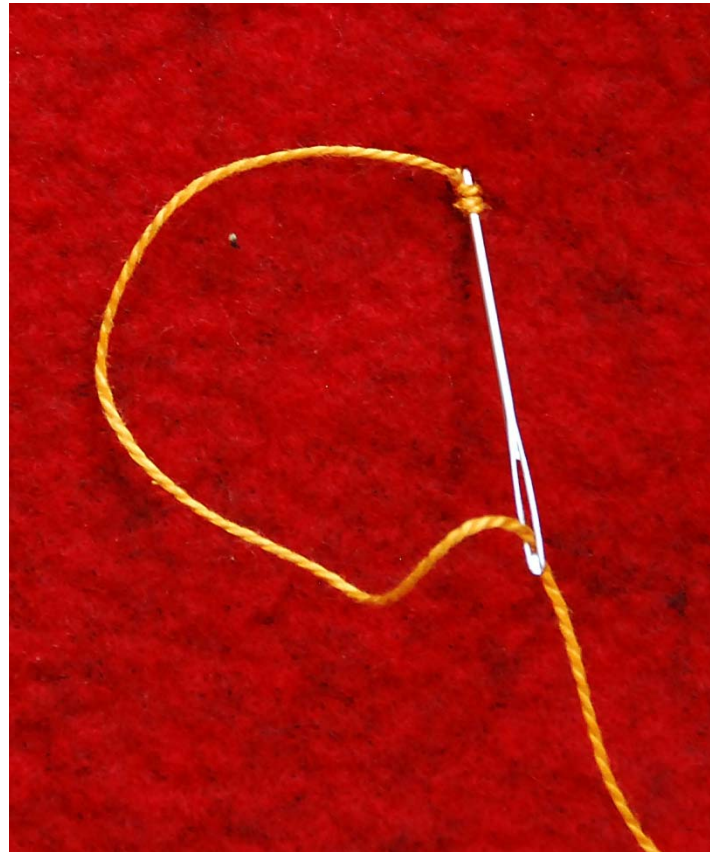
1. Trace the appliqué templates onto the paper side of the freezer paper. Roughly cut out the shapes and iron the shiny side of the freezer paper to the wool. Cut out the shapes on the drawn line and peel off the paper.
2. Position the appliqué shapes onto the black circle as shown in the color photo. Secure in place using pins or fabric glue. Use two strands of embroidery floss or pearle cotton to do the hand stitching. You only need to know a few stitches to be able to make this penny mat - the blanket stitch, backstitch, and French knot. If you don't know these stitches, refer to the pictures on page 2. I used a blanket stitch for everything, except the small red berries. Place a French knot in the center of the red berries. Place a French knot in the center of the red berries, yet keep the edges loose so they are slightly dimensional. I embellished the leaves by backstitching down the center. Refer to the color photo above for thread colors.
3. When all the stitching is done on the front side of the mat, layer together with the large red circle and blanket stitch around the outer edge with red thread.

French Knot:

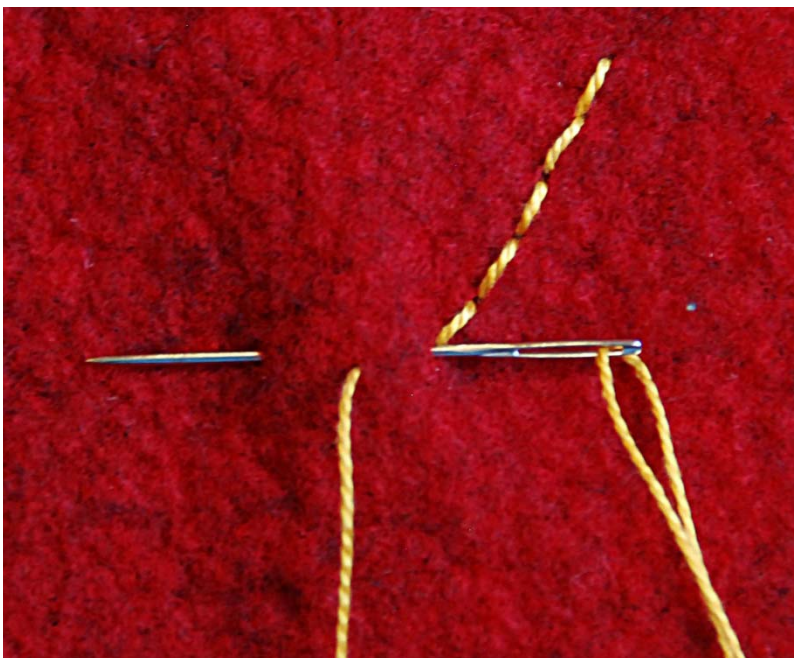
A. Start by wrapping thread around needle 3 times.



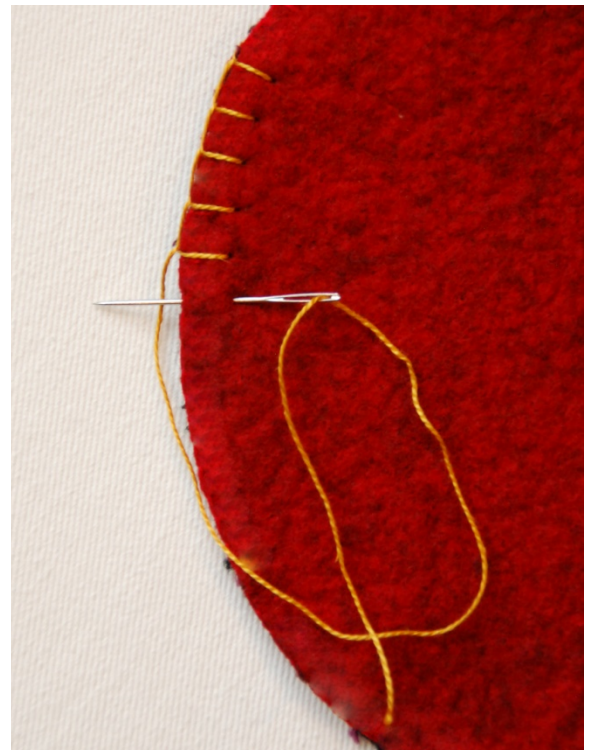
B. Insert needle into fabric right next to where you brought the thread up. Pull needle and thread through to the back until it forms a tight knot on the front of the fabric.



Backstitch:



Blanket Stitch



Trace 2 large circles and make one red and one black

Trace 1 center circle in cream

Trace 4 red wedges to make center pinwheel

Trace 6 red berries

Trace 6 green leaves

Trace 6 purple triangles

